Clinical Tools for the Practicing Lipidologist: Recent Advances in Genetics, Lifestyle and Pharmacy

Jointly hosted by the Southeast and Northeast regional chapters

REGISTER ONLINE AT LIPID.ORG/FALLCLU
Featured Events

Clinical Lipid Update
This three-day comprehensive learning experience features a wide variety of scientific sessions, symposia and case presentations that provide practical applications for applying the latest clinical research in your clinical practice. All sessions are evidence-based and relevant to the practicing lipidologist.

Exhibit Hall, Workshops and Non-CME Events
See the latest pharmaceuticals, equipment and other essential products and services to help you practice more effectively.

Lipid Academy™
The NLA’s Lipid Academy™ provides a comprehensive, in-depth indoctrination to lipid science and is open to all health care professionals interested in developing a core competency in the diagnosis and treatment of dyslipidemia. The Lipid Academy™ course provides health professionals with the knowledge and tools necessary to work effectively in a lipid practice, and will serve as a preparatory course for other advanced lipid training.

Masters in Lipidology™
The NLA’s Masters in Lipidology™ offers an in-depth review of the core curriculum in Clinical Lipidology for health care professionals who desire to practice at an advanced level within the field. The case-based, interactive agenda will improve your clinical decision-making skills and help prepare you for certification. Learn from leading experts, assess your knowledge of lipid science and advance your personal standard of practice.

Special Foundation of the NLA Event
Support the Foundation of the NLA for a guided food tour. The Fell’s Point walking tour dine-around will take you on a progressive meal served at critically acclaimed local restaurants through the historic neighborhood.

Things to See in Baltimore
Baltimore, the colorful, diverse city that is Maryland’s largest city and economic hub, is known for its beautiful harbor; quirky, distinct neighborhoods; unique museums and the world-renowned Johns Hopkins Hospital to the east and the University of Maryland Medical Center to the west.
## 2013 Clinical Lipid Update Agenda

### Thursday, September 19

#### Professional Development Courses

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30–8:00 AM</td>
<td>Masters in Lipidology™ Registration</td>
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<tr>
<td>8:00 AM–5:35 PM</td>
<td>Masters in Lipidology™</td>
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<tr>
<td>9:30–10:00 AM</td>
<td>Lipid Academy™ Registration</td>
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<tr>
<td>10:00 AM–5:45 PM</td>
<td>Lipid Academy™</td>
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### Friday, September 20

#### Professional Development Courses

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 AM–3:25 PM</td>
<td>Masters in Lipidology™</td>
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<tr>
<td>8:00 AM–12:00 PM</td>
<td>Lipid Academy™</td>
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### Session I: HDL

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>3:45–4:00 PM</td>
<td>Chapter Presidents’ Welcome and Introductions</td>
<td>James A. Underberg, MD, MS, FNLA*</td>
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<td>Ralph L. La Forge, MSc, CLS, FNLA</td>
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<tr>
<td>4:00–4:40 PM</td>
<td>Keynote: HDL Review</td>
<td>Alan T. Remaley, MD, PhD</td>
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<tr>
<td>4:40–5:20 PM</td>
<td>HDL and Atherosclerosis: Myth or Reality?</td>
<td>Robert S. Rosenson, MD, FNLA*</td>
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<tr>
<td>5:20–6:00 PM</td>
<td>Is Raising HDL Dead or Not?</td>
<td>John R. Guyton, MD, FNLA*</td>
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<tr>
<td>6:00–7:00 PM</td>
<td>Welcome Reception in Exhibit Hall</td>
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**Saturday, September 21**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:00–8:00 AM</td>
<td>Breakfast in the Exhibit Hall</td>
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<tr>
<td>7:00–7:45 AM</td>
<td>Using Social Media to Build Your Brand and Boost Referrals— A Non-CME Breakfast Session</td>
<td>James A. Underberg, MD, MS, FNLA*</td>
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<td></td>
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<td>Jeffery A. Davis, APR</td>
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<tr>
<td>7:50–8:00 AM</td>
<td>Morning Notes</td>
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<tr>
<td>8:00–8:40 AM</td>
<td>A Primer on Cardiovascular Genetics</td>
<td>Muredach P. Reilly, MB, MS, FAHA, FACC</td>
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<tr>
<td>8:40–9:20 AM</td>
<td>Genetics of Familial Hypercholesterolemia</td>
<td>Marina Cuchel, MD, PhD</td>
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<tr>
<td>9:20–10:00 AM</td>
<td>Role of Genetic Counseling in Familial Hypercholesterolemia: What Referring Physicians Need to Know</td>
<td>Amy C. Sturm, MS, CGC</td>
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<tr>
<td>10:00–10:30 AM</td>
<td>Break in the Exhibit Hall</td>
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<tr>
<td>10:30–11:10 AM</td>
<td>Familial Hypercholesterolemia in Children</td>
<td>Peter O. Kwiterovich, MD*</td>
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<tr>
<td>11:10–11:50 AM</td>
<td>Genetics of Triglyceride Disorders and Emerging Therapy</td>
<td>Daniel Gaudet, MD, PhD</td>
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<tr>
<td>11:50 AM–12:30 PM</td>
<td>Genetic Testing—Where are we? Nuts &amp; Bolts of Testing</td>
<td>Josh W. Knowles, MD, PhD</td>
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<tr>
<td>12:30–12:45 PM</td>
<td>SELA/NELA News &amp; Notes</td>
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<tr>
<td>12:45–12:45 PM</td>
<td>Lunch in the Exhibit Hall</td>
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<tr>
<td>1:45–2:25 PM</td>
<td>Micro Nutrient Drug Interactions</td>
<td>Wahida Karmally, DrPH, RD, CLS, FNLA</td>
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<tr>
<td>Time</td>
<td>Session</td>
<td>Speaker(s)</td>
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<tr>
<td>2:25–3:05 PM</td>
<td>Cardiometabolic Consequences of Sitting Time</td>
<td>Marc T. Hamilton, PhD</td>
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<tr>
<td>3:05–3:45 PM</td>
<td>Non-Prescription Products and Effects</td>
<td>Kenneth A. Kellick, PharmD, CLS, FNLA</td>
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<tr>
<td>3:45–4:00 PM</td>
<td>Break</td>
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**Session V: Emerging Therapies**

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>4:00–4:40 PM</td>
<td>Emerging Therapies</td>
<td>Paul E. Ziajka, MD, PhD, FNLA*</td>
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<tr>
<td>4:40–5:20 PM</td>
<td>Low LDL Syndromes</td>
<td>Sergio Fazio, MD, PhD, FNLA*</td>
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<tr>
<td>5:20–6:00 PM</td>
<td>Anti-Obesity Drugs and Lipids: What Do We Know?</td>
<td>Pamela B. Morris, MD, FNLA*</td>
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**Sunday, September 22**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:50–8:50 AM</td>
<td>Breakfast in Foyer</td>
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**Session VI: Clinical Applications**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:50–9:00 AM</td>
<td>Morning Notes</td>
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<tr>
<td>9:00–9:40 AM</td>
<td>Collaborative Practice Models</td>
<td>Karen E. Aspry, MD, MS*</td>
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<td></td>
<td>Joyce L. Ross, MS, ANP, CLS, FNLA</td>
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<tr>
<td>9:40–10:20 AM</td>
<td>Generics and Manufacturing— What Prescribers Need to Know</td>
<td>Michael B. Bottorff, PharmD, FNLA, CLS</td>
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<tr>
<td>10:20–11:00 AM</td>
<td>Diagnostic Dilemmas—Case-based Interactive Session</td>
<td>William C. Cromwell, MD, FNLA*</td>
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*Denotes Diplomate, American Board of Clinical Lipidology

The NLA invites speakers and guests to provide scientific medical opinion, which do not necessarily reflect the policy of the NLA. The schedule and faculty are subject to change.
Program Overview

NLA Clinical Lipid Update
Friday, September 20 • 3:45–6:00 PM
Saturday, September 21 • 7:50 AM–6:00 PM
Sunday, September 22 • 8:50–11:00 AM
$495 NLA Members, $895 Non-members, $75 Trainees

Target Audience
This activity is designed to meet the needs of physicians, physician assistants, pharmacists, registered nurses, nurse practitioners and registered dietitians with an interest in lipid management.

Type of Activity
Live Activity; Application (Session I; Session VI) Knowledge (Session II-V)

Educational Objectives
At the conclusion of this activity, registered nurses and nurse practitioners should be able to provide appropriate counsel for patients and their families.

At the conclusion of this activity, all participants should be able to:

- **Session I: HDL**
  - Discuss evidence regarding the utility of HDL as a target for CVD risk modification including the clinical implications for patient management
  - Discuss the limitations of current therapeutic approaches to raise HDL-C levels
  - Apply important recent clinical trials research to daily clinical practice

- **Session II: Primer on Genetics**
  - Describe genetic disorders affecting lipoprotein metabolism including their molecular etiology
  - Explain the role genetic disorders play in lipoprotein metabolism
  - Describe the prevalence and associated risk of Familial Hypercholesterolemia (FH)
  - Discuss the challenges of diagnosis and management of FH
  - Identify primary and secondary causes of hypertriglyceridemia
  - Explain how basic mechanisms and terminology of molecular genetics relates to clinical Lipidology

- **Session III: Genetics and Utility of Testing**
  - Apply insight from human genetics to identify novel therapeutic targets that may prevent atherosclerotic cardiovascular disease
  - Illustrate the importance of universal screening during childhood and cascade lipid screening of family members of known FH patients
  - Describe the current and future technologies available for genetic screen including how to apply them in clinical practice
  - Explain the role of the genetic counselor in screening for familial lipid disorders
  - Discuss the role of genetic counseling in FH

- **Session IV: Therapeutic Lifestyle Changes**
  - Review potential interactions of drugs and dietary micronutrients
  - Describe the cardiometabolic response and risk of prolonged sitting and simple behaviors to reduce this risk
  - Describe the possible benefits and risks of over the counter products promoted for lipid management and cardiovascular risk reduction

- **Session V: Emerging Therapies**
  - Explain the effects of obesity drugs on lipids and lipoproteins
  - Discuss the diagnosis and management of low LDL syndromes
  - Identify pharmacologic therapies used for the treatment of obesity including their impacts on lipid metabolism

- **Session VI: Clinical Applications**
  - Discuss the role of physicians and other members of the health management team in coordinating patient care to ensure optimal treatment of dyslipidemia
  - Explain the principles of collaborative care including how this process improves patient-centered care in clinical lipidology settings
  - Describe the methodology for determination of bioequivalence of drug products
  - Define the differences between generic and trade drugs used in the treatment of dyslipidemia
  - Analyze case studies in lipid management to improve treatment and prevention of cardiovascular disease
Program Planners

James A. Underberg, MD, MS, FACPM, FACP, FASH, FNLA*
President, Northeast Lipid Association
Clinical Assistant Professor of Medicine
NYU School of Medicine & NYU Center for Prevention of Cardiovascular Disease
Director Bellevue Hospital Lipid Clinic
New York, NY

Joyce L. Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA
President-Elect, Northeast Lipid Association
Past President Preventive Cardiovascular Nurses Association
Board Member The FH Foundation
Clinical and Education Consultant
Clinical Affiliation: University of Pennsylvania
Philadelphia, PA

Ralph L. La Forge, MSc, CLS, FNLA
President, Southeast Lipid Association
U.S. Indian Health Service
Division of Diabetes Treatment and Prevention
Albuquerque, NM

Charles R. Harper, II, MD, FNLA*
President-Elect, Southeast Lipid Association
Tallahassee Memorial Hospital
TMH Cardiometabolic Center
Tallahassee, FL

Anne C. Goldberg, MD, FNLA*
Associate Professor of Medicine
Washington University School of Medicine
St. Louis, MO

Karen E. Aspry, MD, MS, ABCL, FACC*
Division of Cardiovascular Medicine
Lifespan Cardiovascular Institute
Asst. Professor of Medicine (Clinical)
Warren Alpert Medical School of Brown University
East Greenwich, RI

Michael B. Bottorff, PharmD, FCCP, FNLA, CLS
Professor and Chair
Department of Pharmacy Practice
South College School of Pharmacy
Knoxville, TN

William C. Cromwell, MD, FAHA, FNLA*
Chief
Lipoprotein and Metabolic Disorders Institute
Raleigh, NC
Adjunct Associate Professor
Hypertension and Vascular Disease Center
Wake Forest University School of Medicine
Winston-Salem, NC

Marina Cuchel, MD, PhD
Research Assistant Professor of Medicine
Department of Medicine
Perelman School of Medicine
University of Pennsylvania
Philadelphia, PA

Sergio Fazio, MD, PhD, FNLA*
Cornelius Vanderbilt Professor of Medicine and Professor of Pathology, Immunology and Microbiology
Chief, Section of Cardiovascular Disease Prevention
Vanderbilt University Medical Center
Nashville, TN

Daniel Gaudet, MD, PhD
Professor of Medicine
University of Montreal
Chicoutimi, QB

John R. Guyton, MD, FNLA*
Associate Professor of Medicine
Duke University
Durham, NC

Marc T. Hamilton, PhD
Professor
Inactivity Physiology
Pennington Biomedical Research Center
Baton Rouge, LA

Wahida Karmally, DrPH, RD, CDE, CLS, FNLA
Associate Research Scientist
Director of Nutrition
Irving Institute for Clinical and Translational Research
Columbia University
New York, NY

Kenneth A. Kellick, PharmD, CLS, FNLA
Clinical Pharmacy Coordinator
VA Western New York Healthcare System
Buffalo, NY

Joshua W. Knowles, MD, PhD, FAHA, FACC
Instructor
Cardiovascular Medicine
Stanford University
Attending Physician
Stanford Center for Inherited Cardiovascular Disease
Familial Hypercholesterolemia (FH) Clinic
Cardiovascular Medicine
Chief Medical Officer,
The FH Foundation
Stanford, CA

Peter O. Kwiterovich, MD*
Professor
Pediatrics and Medicine
Chief
Lipid Research and Atherosclerosis Division
Director
Johns Hopkins University Lipid Clinic
Baltimore, MD

Pamela B. Morris, MD, FACC, FACP, FACPM, FAHA, FNLA*
Assistant Professor of Medicine
Medical University of South Carolina
Charleston, SC

Muredach P. Reilly, MB, MS, FAHA, FACC
Associate Professor of Medicine
The Cardiovascular Institute
Perelman School of Medicine at the University of Pennsylvania
Philadelphia, PA

Alan T. Remaley, MD, PhD
Section Chief of Lipoprotein Metabolism Section
Cardiopulmonary Branch
National Heart Lung, and Blood Institute
Bethesda, MD

Robert S. Rosenson, MD, FNLA*
Professor of Medicine
Mount Sinai School of Medicine
Director
Cardiometabolic Disorders
Mount Sinai Heart
New York, NY

Amy C. Sturm, MS, CGC
Certified Genetic Counselor
Medical Genetics Program
Assistant Professor, Clinical Division of Human Genetics
Department of Internal Medicine
The Ohio State University
Columbus, OH

Paul E. Ziajka, MD, PhD, FNLA*
Director, Florida Lipid Institute
Winter Park, FL

*Denotes Diplomate, American Board of Clinical Lipidology

Featured Faculty
Conference Venue

The Hyatt Regency Baltimore Hotel

300 Light Street
Baltimore, MD, USA, 21202
Baltimore.hyatt.com

Reservations

For reservations, please call 1-888-421-1442 and ask for the National Lipid Association Room Rate. A special room rate of $179 per night plus tax has been arranged. The rate is available until August 25 or until the room block is filled.

Please make your reservation early as we do anticipate that the room block will sell out.

About the Hotel

Treat yourself to an exceptional experience along the waterway when you stay at this AAA Four Diamond hotel on Baltimore’s picturesque Inner Harbor. This urban contemporary hotel offers a luxury gateway to “Charm City”. This is a luxury venue that overlooks the Inner Harbor. Visit museums and historical sites, or explore the wonders of the Inner Harbor. To learn more about the hotel and Inner Harbor, please visit baltimore.hyatt.com.

Take advantage of these wonderful hotel features:

- 488 spacious guestrooms with harbor, water or city views
- Plush Grand Beds™
- Deluxe bath with massaging shower heads and pampering Portico products
- Hyatt Fast Board
- PDA Check-in
- AAA Four Diamond Concierge Service
- Valet and self-parking options in our covered garage
- Outdoor pool with sundeck (seasonal)
- 24 hour key access StayFit™ gym
- Connected to Baltimore Convention Center by skywalk
- Seasonal menus with locally grown options
- Kosher kitchen
Non-CME Workshop

Using Social Media to Build Your Brand and Boost Referrals*

Saturday, September 21
7:00–7:45 AM (Non-CME)

James A. Underberg, MD, MS, FACPM, FACP, FASH, FNLA*
President, Northeast Lipid Association
Clinical Assistant Professor of Medicine
NYU School of Medicine & NYU Center for Prevention of Cardiovascular Disease
Director Bellevue Hospital Lipid Clinic
New York, NY

Jeffrey A. Davis, APR
Sawmill Marketing
Baltimore, MD

Learn from experts how to use social media in your own practice. This introductory session will teach you how to build an identity and give you confidence to use the latest and greatest social media outlets. Learn best practices when using Facebook, Twitter and LinkedIn both personally and professionally as well as how to emerge as a thought leader in online interactions with potential patients and other influentials. Perhaps most importantly, learn what to do when people use social media to reach out to you for medical advice. How will you respond?

Jeffrey A. Davis, APR is a recognized expert in social media, particularly how organizations can successfully integrate corporate blogging strategies, Facebook and Twitter with traditional communications programs.

*No fee but separate registration required. Please sign up on registration form.
NLA Lipid Academy™

Pre-conference Workshop
Thursday, September 19 • 10:00 AM–5:45 PM
Friday, September 20 • 8:00 AM–12:00 PM
$495 NLA Members, $900 Non-Members, $0 Trainees

Overview
The NLA’s Lipid Academy™ provides a comprehensive, in-depth indoctrination to lipid science and is open to all health care professionals interested in developing a core competency in the diagnosis and treatment of dyslipidemia. The interactive Lipid Academy™ course provides health professionals with the knowledge and tools necessary to work effectively in a lipid practice, and will serve as a preparatory course for the Annual Scientific Forum and other advanced lipid training. Additionally, participants earn NLA endorsed lipid education credits that will help to fulfill the CME requirements necessary to be eligible for the Clinical Lipidologist physician certifying examination, the Clinical Lipid Specialist (CLS) Certification (allied health professional) examination or the Basic Competency in Clinical Lipidology (BCCL) exam offered by the Accreditation Council for Clinical Lipidology (ACCL).

The Lipid Academy™ is offered as a 1.5-day course prior to each scientific meeting conducted by the NLA.

Target Audience
This activity is designed to meet the needs of physicians, physician assistants, pharmacists, registered nurses, nurse practitioners and registered dietitians with an interest in lipid management.

Type of Activity
Knowledge

Learning Objectives
At the conclusion of this activity, participants should be able to:

- Assess the impact of diet, exercise and behavior modifications on cardiovascular risk and risk factors
- Critically appraise landmark clinical trials and apply important research to daily clinical practice
- Describe aggressive therapies for the management of complex lipid disorders, metabolic syndrome and residual risk
- Describe cardiometabolic risk factors and their impact on cardiovascular health
- Evaluate current and novel advanced lipid tests and biomarkers for atherosclerosis and their potential applications for CV risk detection and management, as well as their limitations
- Identify primary and secondary causes of dyslipidemia
- Identify the functions and sources of cholesterol and triglycerides, and describe the role of lipoproteins in atherosclerosis
- Outline current guidelines on the diagnosis, management and treatment of patients with dyslipidemia
- Outline the principles of pharmacological management of dyslipidemia, including the effect of each agent on atherosclerotic disease, serum lipids, and lipoprotein metabolism

For Registered Nurses and Nurse Practitioners only
- Provide appropriate care and counsel for patients and their families

Faculty

Dean A. Bramlet, MD, FACC, FACP, FAHA, FNLA*
Assistant Consulting Professor of Medicine
Duke University
Medical Director Heart and Lipid Institute of Florida
St. Petersburg, FL

Joyce L. Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA
President-Elect, Northeast Lipid Association
Past President Preventive Cardiovascular Nurses Association
Board Member The FH Foundation
Clinical and Education Consultant
Clinical Affiliation: University of Pennsylvania
Philadelphia, PA

Joseph J. Saseen, PharmD, CLS, FNLA
Professor
Clinical Pharmacy and Family Medicine
University of Colorado Denver
Anschutz Medical Campus
Aurora, CO

James A. Underberg MD, MS, FACPM, FACP, FASH, FNLA*
President, Northeast Lipid Association
Clinical Assistant Professor of Medicine
NYU School of Medicine & NYU Center for Prevention of Cardiovascular Disease
Director Bellevue Hospital Lipid Clinic
New York, NY

*Denotes Diplomate, American Board of Clinical Lipidology (ABCL)
Masters in Lipidology™ Course

Pre-conference Workshop
Thursday, September 19 • 8:00 AM–5:35 PM
Friday, September 20 • 8:00 AM–3:25 PM
$695 NLA Members, $1,200 Non-Members, $395 Trainees

Overview
This intensive 2-day training course offers an in-depth review of the core curriculum in Clinical Lipidology for healthcare professionals who desire to practice at an advanced level within the field. The new case-based, interactive agenda will improve your clinical decision-making skills and help prepare you for certification by the American Board of Clinical Lipidology (ABCL) or the Accreditation Council in Clinical Lipidology (ACCL). For those not preparing for certification, the course provides an excellent update and refresher on core concepts in Lipidology. Learn from leading experts, assess your knowledge of lipid science and advance your personal standard of practice.

The lectures are supplemented with Q&A sessions using an audience response system that facilitates interactive learning and in-depth coverage of the exam content areas. In addition, a complete syllabus with copies of the slides is provided to all participants. And all paid attendees will receive access to a special web page providing sample online exams, downloadable resources, and additional self-study materials.

Target Audience
This activity is designed to meet the needs of physicians, physician assistants, pharmacists, registered nurses, nurse practitioners and registered dietitians with an interest in lipid management.

Type of Activity
Application

Learning Objectives
At the conclusion of this activity, participants should be able to:
- Assess traditional and emerging markers for atherosclerotic cardiovascular disease
- Critique the role of drug therapies, nutrition, and therapeutic lifestyle changes in the management of dyslipidemias
- Discuss lipoprotein metabolism and the role of the vascular system in the pathogenesis of atherosclerosis
- Explain the role genetic disorders play in lipoprotein metabolism
- Manage cardiometabolic risk factors of the metabolic syndrome
- Manage dyslipidemias according to patient profiles

For Registered Nurses and Nurse Practitioners only
- Provide appropriate care and counsel for patients and their families

Faculty
Harold E. Bays, MD, FNLA*
Medical Director/President
Louisville Metabolic and Atherosclerotic Research Center
Louisville, KY

Alan S. Brown, MD, FACC, FAHA, FNLA*
Interventional Cardiologist
Midwest Heart Specialists
Clinical Associate Professor
Loyola University
Maywood, IL

Anne C. Goldberg, MD, FNLA*
Associate Professor of Medicine
Washington University School of Medicine
St. Louis, MO

Terry A. Jacobson, MD, FNLA*
Professor of Medicine
Director, Office of Health Promotion and Disease Prevention
Emory University
Atlanta, GA

Kevin C. Maki, PhD, CLS, FNLA
Chief Science Officer
Biofortis Clinical Research
Addison, IL

Carl E. Orringer, MD, FNLA*
Harrington-McLaughlin Chair in Preventive Cardiovascular Medicine
Associate Professor of Medicine
Case Western Reserve University School of Medicine
Cleveland, OH

Peter P. Toth, MD, PhD, FNLA*
Director of Preventive Cardiology
Sterling Rock Falls Clinic
Sterling, IL
Clinical Associate Professor
University of Illinois School of Medicine
Peoria, IL
Michigan State University College of Osteopathic Medicine
East Lansing, MI

*Denotes Diplomate, American Board of Clinical Lipidology (ABCL)
Foundation Event

Fell's Point Food Tour

Saturday, September 21
Meet in the hotel lobby at 6:30 PM
$75 per person

Support the Foundation of the NLA for at a fantastic tour of Baltimore’s culinary delights. The Fell’s Point dine-around will take you to critically acclaimed local restaurants through this historic neighborhood. On this guided, narrated walking tour of Fell’s Point, you will learn about the historic, cultural and architectural significance of the small town.

Meet in the hotel lobby promptly at 6:30 PM for a short walk to the water taxi, which we will take across the harbor to Fell’s Point. Wear comfortable walking shoes and bring an umbrella—just in case!

More about Fell’s Point
Fell’s Point is a historic waterfront community located one mile from the inner harbor. Established in 1763, Fell’s Point is a city, state and National Historic District and boasts more than 161 buildings on the National Register, along with the oldest standing residence in Baltimore City, the Robert Long House at 812 S. Ann Street. The neighborhood is home to dozens of unique retail shops, restaurants and pubs.
Things to See in Baltimore

**The Walters Art Museum**
thewalters.org

Acclaimed as one of the best art museums in the United States, the Walters offers 55 centuries of art, including Egyptian mummies, medieval armors and 19th-century masterpieces. The Walters also holds world-class traveling exhibitions. Admission is free.

**National Aquarium**
aqua.org

Experience a three-hour showcase of more than 16,000 animals including sharks, birds, frogs, turtles, dolphins, and jellies. The National Aquarium is a nonprofit aquatic education and conservation organization with two locations and one mission: to inspire conservation of the world's aquatic treasures.

**Baltimore’s Inner Harbor**
baltimore.org/baltimore-neighbohoods/inner-harbor

Baltimore’s Inner Harbor is one of the most photographed and visited areas of the city. It has been one of the major seaports in the United States since the 1700s and started blossoming into the cultural center of Baltimore in the 1970s. Distinct in function and form, locals and visitors alike enjoy Baltimore’s Inner Harbor and the surrounding neighborhoods that offer a variety of fine dining, cultural experiences and exciting nightlife.

**World Trade Center**
viewbaltimore.org

Seeming to hover 405 feet directly over top of the harbor, the World Trade Center in Baltimore offers the best view of the city in every direction from the “Top of the World” Observation Level on the 27th floor. Constructed in 1977, its 32 floors make up the world’s tallest equilateral five-sided building.

**Fort McHenry National Monument and Historic Shrine**
nps.gov/fomc

A famous point of interest best known for its role in the Battle of Baltimore, Fort McHenry, successfully staved off the British invasion of the fort by 1,000 Americans that inspired Francis Scott Key, a lawyer and amateur poet, to compose the Star Spangled Banner, originally entitled Defense of Fort McHenry.

**Fell’s Point Neighborhood**
www.livebaltimore.com/neighborhoods/list/fellspoint

Fell's Point is a historic waterfront community located one mile from the inner harbor. Established in 1763, Fell’s Point is a city, state and National Historic District and boasts over 161 buildings on the National Register, along with the oldest standing residence in Baltimore City, the Robert Long House at 812 S. Ann Street. The neighborhood is home to dozens of unique retail shops, restaurants and pubs.
The National Lipid Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The National Lipid Association designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in this activity.

Physician Assistants
NCCPA accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

Dietitians
The National Lipid Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 12 continuing professional education units (CPEUs) for completion of this program/materials.

Physicians
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CE credit provided by Postgraduate Institute for Medicine
Pharmacists
Postgraduate Institute for Medicine is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Session I - Universal Activity Number 0809-9999-13-301-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Session II - Universal Activity Number 0809-9999-13-302-L01-P (Knowledge)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Session III - Universal Activity Number 0809-9999-13-303-L01-P (Knowledge)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Session IV - Universal Activity Number 0809-9999-13-304-L01-P (Knowledge)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Session V - Universal Activity Number 0809-9999-13-305-L01-P (Knowledge)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Session VI - Universal Activity Number 0809-9999-13-306-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 2.0 contact hour(s) (20 CEUs) of the Accreditation Council for Pharmacy Education

Nursing
This educational activity for 12 contact hours is provided by the Postgraduate Institute for Medicine. Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Physician Assistants
NCCPA accepts AMA PRA Category 1 Credits™ from organizations accredited by ACCME.

Dietitians
This program has been approved by the Commission on Dietetic Registration for 10.5 CPEUs.

CE credit provided by Postgraduate Institute for Medicine
Pharmacists
Postgraduate Institute for Medicine is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Session I - Universal Activity Number 0809-9999-13-001-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 6.75 contact hour(s) (67.5 CEUs) of the Accreditation Council for Pharmacy Education.

Session II - Universal Activity Number 0809-9999-13-002-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 6.75 contact hour(s) (67.5 CEUs) of the Accreditation Council for Pharmacy Education.

Session III - Universal Activity Number 0809-9999-13-003-L01-P (Knowledge)
Postgraduate Institute for Medicine designates this continuing education activity for 6.75 contact hour(s) (67.5 CEUs) of the Accreditation Council for Pharmacy Education.

Session IV - Universal Activity Number 0809-9999-13-004-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 7.5 contact hour(s) (75.0 CEUs) of the Accreditation Council for Pharmacy Education.

Session V - Universal Activity Number 0809-9999-13-005-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 7.5 contact hour(s) (75.0 CEUs) of the Accreditation Council for Pharmacy Education.

Session VI - Universal Activity Number 0809-9999-13-006-L01-P (Application)
Postgraduate Institute for Medicine designates this continuing education activity for 7.5 contact hour(s) (75.0 CEUs) of the Accreditation Council for Pharmacy Education.

Nursing
This educational activity for 15.9 contact hours is provided by Postgraduate Institute for Medicine. Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Physician Assistants
Postgraduate Institute for Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The National Lipid Association designates this live activity for a maximum of 15.25 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Dietitians
This program has been approved by the Commission on Dietetic Registration for 10.5 CPEUs.
2013 Clinical Lipid Update
Jointly hosted by the Southeast and Northeast regional chapters
September 20–22, 2013
Hyatt Regency Hotel • Baltimore, MD

First Name
Mailing Address
City
Phone
Email

Middle Initial
Name on Card
State or Province
Emergency Contact/Phone

Last Name
Zip
Country

Check all that apply:
 MD/DO/PhD  RN  NP  PA  RPH  PharmD  RD  Other ____________________________

Guest name(s), if attending meeting: ____________________________

Membership status:

□ I am currently a member.
□ My application for membership has been submitted and confirmed.
□ I will apply at www.lipid.org.
□ Please send me membership information.

□ Clinical Lipid Update
   September 20–22, 2013
   Includes one admission badge to Exhibit Hall for all food functions.

□ Masters in Lipidology™ Course
   September 19–20, 2013
   $695

□ NLA Lipid Academy™
   September 19–20, 2013
   $495

Registration Fee Total

Guest Fees and Special Events

□ Exhibit Hall Pass-Guest(s)
   $125

□ Fell’s Point Food Tour
   $75

□ Non-CME Social Media Session
   $0

Guest and Special Event Totals

Combined Total Fees

Payment Method

□ VISA  □ MC  □ AMEX  □ Check  Make checks payable to the NLA

Credit Card #
Exp. Date

Signature
Name on Card

3 Easy Ways To Register

Mail
National Lipid Association
6816 Southpoint Parkway, Suite 1000
Jacksonville, FL 32216

Fax
NLA at 904-998-0855
Fax with credit card number and signature

Online
www.lipid.org/fallclu

Important Information

†Trainee Rate: Available for those individuals actively enrolled in a graduate or postgraduate training program for the treatment or investigation of lipid disorders and in pursuit of full credentialing in their specialized area of medical study. A letter from the program director or the school registrar must accompany the application. **Cannot register online. Please mail or fax registration.

Registration: Registration and payment must be received no later than August 23, 2013. After this date a syllabus and name badge cannot be guaranteed.

Cancellation: Telephone Cancellations will not be accepted. A written notice of cancellation must be received no later than August 23, 2013. This includes Social Events and Guest Fees. There will be a $25 fee for all cancellations.

Special Needs: _______________________________________

ADA Compliance: In accordance with the Americans with Disabilities Act, attendees who need additional reasonable accommodations or who have special needs should contact the NLA at 904-998-0854.
National Lipid Association
2013 Clinical Lipid Update

September 20–22, 2013
Jointly hosted by the Southeast and Northeast regional chapters.

Hyatt Regency Hotel
Baltimore, MD

Scan this code with your smartphone or tablet for more information.

Visit www.lipid.org/fallclu to register now

Why should you attend?

• Informative sessions on genetic disorders, population testing and emerging therapies
• Challenging case presentations and diagnostic dilemmas
• Earn more than 20 CME/CE credits
• Pre-conference courses available to enhance your skills

The NLA gives you exclusive access to unmatched experiences, leadership opportunities and educational offerings designed to meet your needs and provide support as you advance your career.

REGISTER ONLINE AT LIPID.ORG/FALLCLU