Multidisciplinary Teams in Clinical Lipidology and Cardiometabolic Care

WHAT YOU NEED TO KNOW

Multidisciplinary Care Teams lead to improved lipid management and cardiometabolic health. Teams may consist of:

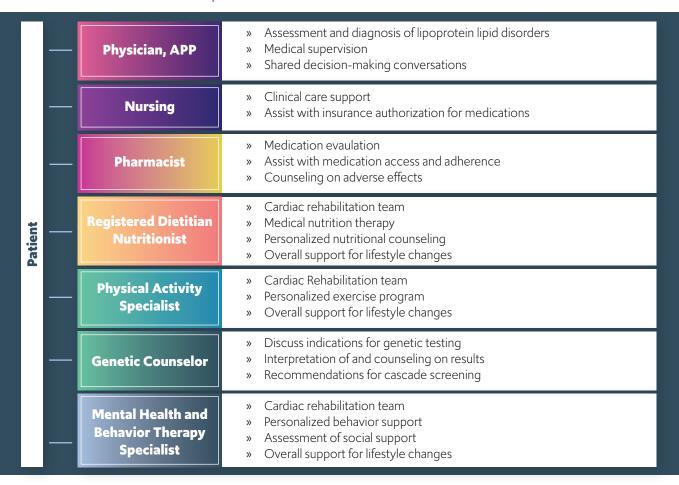
- Physician
- Advanced Practice Provider
- Pharmacist
- Registered Dietician Nutritionist
- Nurse

- Genetic Counselor
- Physical Activity Specialist
- Mental Health Specialist
- Behavior Therapy Specialist

Resources

Various resources exist to improve access to multidisciplinary care in the community. Patients benefit from a collaborative approach to the management of dyslipidemias and cardiometabolic risk through:

- Improved diagnosis and treatment;
- Access to comprehensive and evidence-based lifestyle interventions;
- Optimization of pharmacotherapy;
- Patient education and empowerment



Patient-centered care with collaboration between healthcare professionals with diverse and complementary expertise is essential for optimum care.

