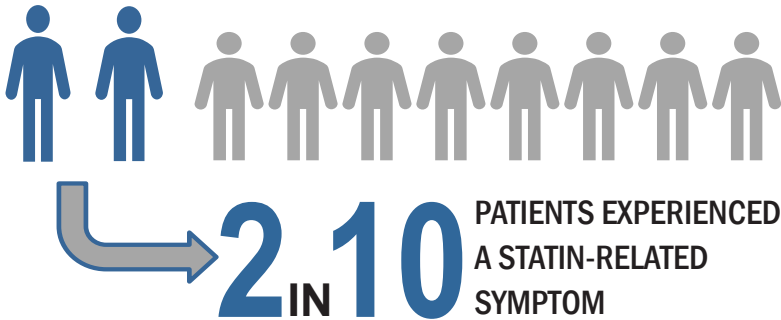


# EXPERIENCING STATIN-RELATED SIDE EFFECTS?

DON'T LET IT STOP YOU FROM REACHING YOUR CHOLESTEROL GOALS

## FINDINGS OF THE STATIN ADVERSE TREATMENT EXPERIENCE (STATE) PATIENT SURVEY\*



Patients report that avoiding heart attack or stroke and lowering cholesterol as the most important reasons for taking statins



Yet, statin-related side-effects are the top ranking reasons for why patients stop statin therapy



### IT'S IMPORTANT TO TELL YOUR DOCTOR

WHEN YOU EXPERIENCE SYMPTOMS THAT MAKE IT DIFFICULT TO CONTINUE THERAPY

Statin-related muscle aches, cramps, or pain

Difficulty with physical activity, trouble sleeping and other impacts on daily life



APPROXIMATELY

**4** OUT OF **5**

PATIENTS WHO STOPPED THERAPY TALKED WITH THEIR DOCTOR

### A DIFFERENT OPTION MAY WORK BETTER FOR YOU

**50%**

OF SURVEYED PATIENTS WHO STOPPED THERAPY SAID THEY WERE WILLING TO TRY ANOTHER STATIN TO BETTER CONTROL THEIR CHOLESTEROL

## TALK TO YOUR DOCTOR



**About the benefits and risks of cholesterol management**



**About lifestyle therapy or adjusting your medication**

\*On-line survey among 1,500 patients with self-reported high cholesterol who had taken a statin in the past 2 years and experienced  $\geq 1$  statin-associated symptom in the past 6 months.

Jacobson TA, Cheeley MK, Jones PH, et al. The STatin Adverse Treatment Experience (STATE) Survey: Experience of Patients Reporting Side-Effects of Statin Therapy. Journal of Clinical Lipidology. In Press. 2019.