

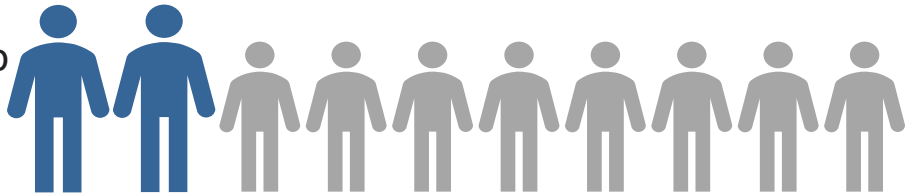
PATIENTS EXPERIENCE WITH STATIN THERAPY

Findings of the S^Tatin Adverse Treatment Experience (STATE) Patient Survey*

STUDY OBJECTIVE

To describe and assess patients' experiences with statin associated side effects and the resulting impacts on daily life

2 IN 10 PATIENTS EXPERIENCED A STATIN-RELATED ADVERSE SYMPTOM



TOP REASONS FOR

STAYING ON STATIN THERAPY

STOPPING STATIN THERAPY

1	AVOIDING HEART ATTACK OR STROKE	BOTHERED BY SIDE EFFECTS
2	LOWER CHOLESTEROL	CANNOT TOLERATE THE SIDE EFFECTS
3	DOCTOR RECOMMENDATION	SIDE EFFECTS INTERFERE TOO MUCH WITH LIFE

PATIENTS WHO HAD RECENTLY STOPPED STATIN THERAPY REPORTED...

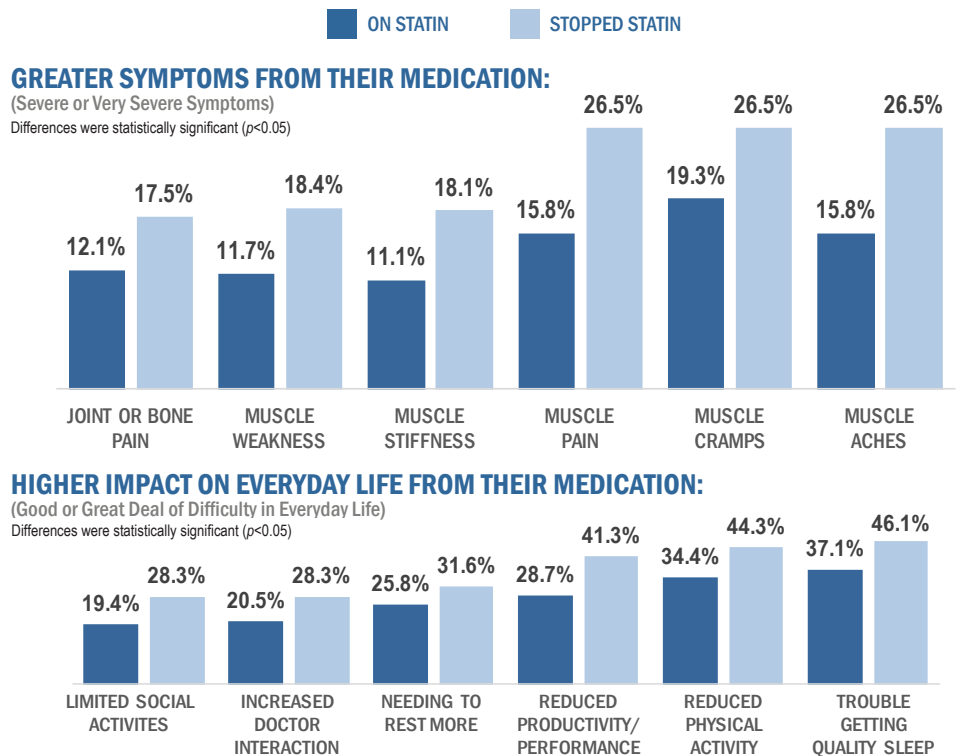
OVERARCHING SEVERITY SCORES
HIGHER = WORSE

SYMPTOM SCORE
(P<0.001)

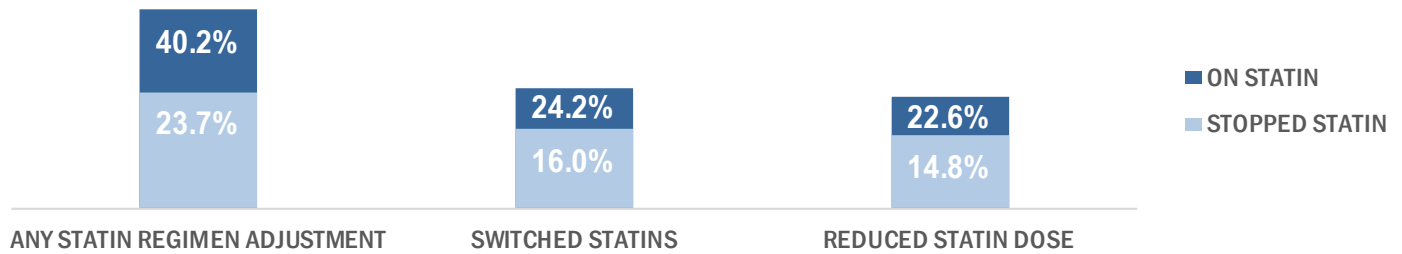
10.6 STOPPED STATIN
VS
8.7 ON STATIN

IMPACT SCORE
(P<0.001)

11.8 STOPPED STATIN
VS
9.8 ON STATIN



PATIENTS WHO STAYED ON STATIN THERAPY HAD MORE STATIN MANAGEMENT THAN THOSE WHO STOPPED



MOST PATIENTS WHO ARE NOT AT TREATMENT GOAL ARE WILLING TO TRY OTHER OPTIONS

50% who had stopped a statin were willing to try a different one

65% on a statin were willing to try a different one

67% on a statin were willing to switch to a non-statin prescription to help control cholesterol

OF PATIENTS
WHOSE
CHOLESTEROL
WAS NOT UNDER
CONTROL

SEVERE SYMPTOMS CAN LEAD TO PATIENTS STOPPING STATIN TREATMENT ALTOGETHER

NEARLY
1 IN 2

NEARLY **1 IN 2** PATIENTS WHO STOPPED STATIN THERAPY WERE NOT TAKING ANYTHING TO MANAGE THEIR CHOLESTEROL

ABOUT
1 IN 5

ABOUT **1 IN 5** PATIENTS WHO STOPPED THERAPY DID SO WITHOUT INFORMING THEIR PROVIDERS

TALK TO YOUR PATIENTS



About the benefits and risks of cholesterol management



As well as intensive lifestyle therapy, adjusting their statin regimen, or considering a non-statin prescription to control their cholesterol



Patients are more likely to be successful with greater provider engagement and shared decision making

*On-line survey among 1,500 patients with self-reported high cholesterol who had taken a statin in the past 2 years and experienced ≥ 1 statin-associated symptom in the past 6 months.

References

Jacobson TA, Cheeley MK, Jones PH, et al. The SStatin Adverse Treatment Experience (STATE) Survey: Experience of Patients Reporting Side-Effects of Statin Therapy. Journal of Clinical Lipidology. In Press. 2019.